



MAIN MENU

(served 12 - 2.30 and 5.30 - 9 Tuesday to Friday 12 - 9 Saturday 12 - 8 Sunday)



STARTERS

Home Made Soup of the day and Warm Bread	£6.50
Honey Roast Fig, Blue Cheese, Onion Marmalade, Apple and Candied Walnuts	£7.00
Honey and Thyme Baked Camembert, Onion Jam and Toasted Ciabatta	£8.00
Caramelised Goats Cheese, Toasted Hazelnut Butter Crumb, Quince and Cherry Tomato	£7.00

Classic Moules Mariniere, Mussels in a White Wine Cream Sauce with Parsley and Toasted Bread	£8.00
Garlic and Chilli Sautéed King Prawns with Toasted Ciabatta	£7.00
Sweet Chilli Beef with Thai Style Salad, Coriander & Peanuts	£8.00
Crispy Breaded Brie Wedges with Beetroot, Onion Marmalade & Apple Salad	£7.50

Lime, Coriander & Chilli Marinated Calamari with Coriander Asian Salad, Mango Salsa & Mango Purée	£8.00
5 Spice Crispy Pork Belly, Korean Kimchi Salad with a Sesame, Honey and Soy Dressing	£7.50
Gin and Tonic Cured Salmon, Salmon Mousseline Wrapped in Pickled Cucumber, Lemon Gel, Radish and Dill	£7.50
Mixed Bread & Olives with Balsamic Oil (for 2 to Share)	£3.50

MEAT

Cumberland Catherine Wheel Sausage, Creamy Mash, Honey Glazed Carrots, Tender Stem Broccoli & Crispy French Onions with Gravy	£14.00
Chargrilled Prime Steak Burger in a Toasted Brioche Bun served with Streaky Bacon, Emmental Cheese, Gem Lettuce, Beef Tomato, Gherkin, Onion Rings, Coleslaw & Fries	£14.00
Creamy Chicken and Bacon Tagliatelle and Crispy Parma Ham	£14.00

Classic Beef Bourguignon with Dauphinoise Potatoes, Tenderstem Broccoli, Honey Roast Carrots and Crispy Parma Ham	£16.00
Slow Braised Lamb Shank, with Creamy Mash, Honey Roasted Carrots & Tender Stem Broccoli	£15.00
Pan Seared Chicken Supreme, Patatas Bravas with Chorizo, Roasted Red Pepper, Tenderstem Broccoli and Red Pepper Puree	£16.00

Pan Seared 8oz Fillet Steak with Dauphinoise potatoes, Charred Shallot, Roast Celeriac, Romanesco, Honey Roast Carrots	£26.00
Weeping Tiger Flat Iron Steak, Crispy Calamari, Stir fried Vegetables, Coriander Rice	£17.00
Pan Seared Haunch of Norfolk Venison, Smoked Mash, Blackberry, Celeriac Puree, Roasted Roots, Romanesco, Red Wine Reduction	£17.00

FISH

Local Beer Battered Cod Tail served with Minted Mushy Peas, Hand Cut Chips & Tartar Sauce	£14.00
Herb Crusted Salmon Fillet, Garlic King Prawns Roasted Fennel, Beetroot, Celeriac, Radish, lemon and Tarragon Dressing	£16.00
Smoked & Unsmoked Mixed Fish Pie, Peas, topped with Creamy Mash, Cheese & Herb Crust	£15.00

Grilled Whole Plaice with Sautéed Potatoes, Cherry Tomato Tenderstem Broccoli with Lemon and Caper Butter	£15.00
Mixed Seafood Tagliatelle in a Tomato Sauce	£16.00
Poached Smoked Haddock, served on Creamy Mash, Spinach & Poached Egg, with Chive Beurre Blanc	£15.00

Pan Seared Fillet of Seabass, Sautéed Chilli, Lime, Coriander King Prawns and Sweet 'N' Sour Udon Noodles	£16.00
Classic Moules Mariniere, Mussels in a White Wine Cream Sauce with Parsley and French Fries	£16.00
Pan roasted Cod, Bacon Jam Crust, Braised Puy Lentils, Crispy Cod Cheeks and Spinach	£17.00

GRILL

Cajun Flat Iron Steak with Caesar Salad, Spiced Onion Rings & Fries	£16.00
10oz Sirloin	£22.00
10oz Ribeye Steak	£24.00
8oz Fillet Steak	£26.00
10oz Rump	£17.00
<i>All served with Hand Cut Chips, Flat Mushroom, Slow Roasted Tomato & Onion Rings</i>	
Add Sauce: Blue Cheese, Peppercorn, Diane or Garlic Butter	£2.50

VEGETARIAN

Crispy Halloumi Burger with Roasted Red Pepper Flat Mushroom, Onion Marmalade In a Toasted Brioche Bun with Gem Lettuce, Beef Tomato, Onion Rings, Coleslaw & French Fries	£14.00
Butternut Squash, Chick Pea, Sweet Potato, Coconut Curry with Coriander Rice, Onion Bhaji, Mango Chutney & Asian Salad	£14.00
Mixed Bean Tomato Cassoulet, Baked Aubergine Topped with Goats Cheese and Pine Nuts	£14.00
Sweet Potato and Sage Gnocchi, Butternut Squash, Wild Mushroom, Hazel Nuts and Charred Spring Onion	£14.00
Roasted Cauliflower Steak, Cauliflower Puree, Cauliflower Beignets, Charred Shallots, Kale, Grape	£14.00

SIDES

Hand Cut Chips or French Fries	£3.00
Sweet Potato Fries	£3.50
Add Cheese or Pulled Pork	£1.00
Home Made Creamy Coleslaw	£3.00
Beer Battered Onion Rings	£3.00
Toasted Garlic Ciabatta	£3.00
Mixed Salad	£3.00
Honey Roasted Carrots	£3.00
Tender Stem Broccoli	£3.50

FOOD ALLERGIES & INTOLERANCES - All of our food is prepared in a kitchen where nuts, cereals containing gluten and other allergens are prepared and our menu descriptions do not include all ingredients. Please ask a member of staff if you require assistance.

LIGHTER MENU (Available 12.00 - 2.30)

BREAKFASTS (Available 10.00 - 11.30 reservations only)

Full English with Toast (Veggie option available £8.00)	£10.00
Scrambled Egg Bagel with either Smoked Salmon or Cumberland Sausage	£8.00
Poached Natural Smoked Haddock with Poached Eggs	£8.00
<i>All Breakfast include unlimited Tea or Filter Coffee</i>	
Mixed Toast	£2.00

CIABATTAS

Goats Cheese & Onion Jam	£8.00
Crispy Bacon, Melted Brie & Cranberry Sauce	£8.00
Buffalo Mozzarella, Beef Tomato & Pesto	£8.00
BBQ Pulled Pork	£8.00
Chargrilled Steak, Mushroom & Onion	£10.00

WRAPS

Chilli Beef & Asian Salad	£9.00
Fish Goujons & Tatar Sauce	£9.00
Halloumi, Mushroom & Roasted Red Pepper	£8.00
Cajun Chicken, Sweet Chilli Mayonnaise & Asian Salad	£8.00
BBQ Pulled Pork	£8.00

SHARING PLATTERS (Also available at the evening serving times)

Classic Ham & Cheese Ploughman's: Ham Hock Terrine, Sliced Honey & Mustard Ham, Black Bomber Cheddar, Cashel Blue Cheese, Home-made Root Vegetable Crisps, Granny Smith Apple, Pickled Onions, Cornichons, Onion Chutney, Coleslaw & Toasted Ciabatta	£14.00
Seafood Assiette : Local Ale & Lime Marinated Crispy Whitebait with Devilled Mayonnaise Dip, Smoked Salmon, Crispy Calamari with Mango Salsa, Coconut King Prawn with Asian Salad & Atlantic Prawn Cocktail with Brown Bread	£16.00

SALADS (Also available at the evening serving times)

Chargrilled Chicken and Bacon Caesar Salad	£12.00
Chilli Beef & Asian Peanut Salad	£12.00
Spicy Cajun Chicken with Mango Salsa and Spicy Mayonnaise	£12.00
Crispy Halloumi with Roasted Red Pepper, Onion Jam and Balsamic Dressing	£12.00
Beetroot, Butternut Squash, Goats Cheese, Pine nut	£12.00

DESSERTS (Also available at the evening serving times)

All £7.00

Baked Vanilla and Ginger Cheese Cake with Mango Salsa
 Baked Chocolate Chip Cookie Dough, with Vanilla Ice cream
 Sticky Toffee Pudding, with Caramel Sauce, Glazed Bananas and Vanilla Ice cream
 Crumble of the Day Served with Ice cream or Custard
 Mulled Wine Poached Pear, Toasted Nuts, Champagne Sorbet

Cinnamon Spiced Crème Brulee, Apple Sorbet and Short Bread
 Carrot Cake with a Twist with Vanilla Mascarpone, Candied Walnuts, Chocolate and Walnut Soil.
 Chocolate Brownie, Chocolate Mousse and White Chocolate Ice cream
 Peanut Butter Parfait, Chocolate Mousse, Glazed Banana, Peanut Brittle
 Selection Of Cheeses, Cashel Blue, Cornish Yarg, Black Bomber, Celery, Chutney, Grapes, Apple, Crackers

PLEASE ASK FOR DETAILS OF
OUR SUNDAY ROAST



COLCHESTER INNS GROUP

PLEASE ASK FOR OUR
CHILDRENS MENU

Colchester Inns

The Ship Inn

The Ship Inn, The Street, South Walsham,
Norwich NR13 6DQ
Tel: 01603 270049
manager@shipsouthwalsham.co.uk
www.shipsouthwalsham.co.uk

Recruiting Sergeant

Recruiting Sergeant, Norwich Road,
Horstead NR12 7EE
Tel: 01603 737077
admin@recruitingsergeant.co.uk
www.recruitingsergeant.co.uk

The Black Boys

The Black Boys Hotel & Restaurant,
Aylsham, Norfolk. NR11 6EH
Tel: 01263 732122
admin@blackboyshotel.co.uk
www.blackboyshotel.co.uk

The Bucks Arms

The Buckinghamshire Arms, Blickling,
Aylsham, NR11 6NF
Tel: 01263 732133
contact@bucksarms.co.uk
www.bucksarms.co.uk

The Rising Sun

The Rising Sun, Wroxham Road,
Coltishall, Norwich NR12 7EA
Tel: 01603 737440
manager@risingsuncoltishall.co.uk
www.risingsuncoltishall.co.uk